

ACT NUDIST CLUB NEWSLETTER



VOLUME 31 ISSUE 1

AUGUST—SEPTEMBER 2007

Web version



Annual General Meeting

2 pm, 1 September 2007, Thullande

You must be financial to vote!

Perhaps it's not the most exciting event, but it's certainly the Club's most important! The Annual General Meeting, is scheduled to start at 2 pm sharp on 1 September 2007. All members are encouraged to attend and help shape the club's direction.

The AGM allows the outgoing executive to report to members on the events of the past year, including the status of the Club's finances and membership. It's an opportunity for the outgoing executive to flag issues that the Club may need to address in the coming year. It's also an opportunity for members to raise their concerns and have them discussed.

At the AGM, nominations are received for the executive

positions on the Club's committee. Members then vote for the nominees of these positions:

- President;
- Vice-president;
- Treasurer; and
- Secretary.

Following the election of these key office-bearers, nominations are called for five general committee members. Following the AGM, the Executive will appoint some of those general committee members to a variety of portfolios, including:

- Lands Officer;
- Membership Secretary;
- Newsletter Editor;
- Australian Nudist Federation (ANF) delegate;

All financial members are eligible to be nominated for and appointed to any of these positions.

Proxy nomination and Committee Nomination forms are attached at the back of this newsletter if you cannot make it please complete the Proxy form or nomination form and return it to the Secretary. Please note that the nomination must be accepted by the nominee.

To be eligible to participate in the meeting, you must also be financial. Our terrific membership secretary, the one and only Leanne, will be on hand to process your membership renewals. Please see her well in advance of the beginning of the meeting! Your vote will be invalid if you promise an IOU.

President's Report

As my second and last term as president draws to a close it seems to be both a long and short two years in the position. It's been quite a momentous time, involving the Convention and all the improvements to the club. We've seen our membership numbers rise, and our social nights get more diverse. Publicity has been a big plus for the club, with stories on the ABC, both radio and TV, the website forum launch. This

has lead to more visitors to the club and recognition around the nudist community.

A president is only as good as his committee, and I would like to thank all those who have helped me over the last two years. With the pressures on peoples' personal lives these days it is often difficult to commit the time required to the club. The members of the committee give what

time they can, both at the meetings and outside and their contributions have been appreciated. On that note, positions are available of the committee next year, so if you want to make a positive contribution to taking the club forward, nominate and help to keep the ACTNC one of the best clubs in Australia.

There are a few large projects I believe we should tackle as

(Continued on page 5)

Beatles Night!



After the
AGM

1 September

\$15 p.p. —kids free
RSVP to funky@actnc.net
or phone 0407 071 470 by
Wednesday 29 August
See the last page

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Treasurer's Report

Another financial year is over and I can report the club has come through this year slightly better than last year, full details will be presented in the audited report at the AGM on 1 September.

Subsequent to the last committee meeting an idea has been proposed to dedicate all future profits from the social functions to lining and insulating the roof. President Pete has taken on the task to cost the project based on one square of the roof at a time, early planning indicates that we should be able to complete one section after each function. This should take around 12- 14 functions to complete the project. We will present more detail on this in the next newsletter after the committee has made its decision.

A request was made to the committee to be

a little more open with our financial figures and include the higher level detail in the newsletter, this has been difficult due to the use of the MS Money program and the reports it generated. I have changed the software we use and the first report is attached to this newsletter.

Thank you to all those members who have already paid their membership and site fees it really helps us to keep the club going over the winter months.

Remember fees can be paid by direct deposit if you wish, but please make sure your name is in the details so we can track who paid.

Ray
Treasurer



Secretary's Report

Only a short report this month from me. I've informed the Committee that I won't be standing for the position at the AGM on 1 September due to ever increasing work commitments leaving me with little down time and even less time to do a decent job as Secretary of your

club. Its been a fun ride over a challenging period. I'd like to thank all the current and past members of the Committee I've been part of for all their support and assistance and while I won't be Secretary, I hope to still be able to contribute in some way. The club and the

movement faces ongoing challenges in attracting membership which will keep the club alive. Luckily for the ACTNC, we have a number of keen energetic individuals who can carry the club forward and I wish them well.

Terry
Secretary

Vice-President's Report

Hopefully we have seen the worst of winter behind us now, and the weather will start to warm up. While this means we can nude up again soon, it also means that we will be able to get stuck into working bees again to prepare the Club for summer. The big white board listing all the jobs that need doing will be resurrected soon. Please keep an eye on it and lend a hand where you can. That's all the serious stuff from me at the moment.

Rearrange the letters of the famous Nike slogan: "Nike – Just

do it" to get "It – Nudist Joke".

A kid was visiting his relatives and noticed that his grandfather was sitting on the porch, in the rocking chair, with nothing on from the waist down. "Grandpa, what are you doing?" he exclaimed. The old man looked off into the distance and did not answer him. "Grandpa, what are you doing sitting out here with no pants on?" he asked again. The old man slyly looked at him and said, "Well, last week I sat out here with no shirt on and got a stiff neck. This was your grandmother's idea!"

The kid then goes off to boarding school for a few years and grows up. After some time, his folks write and tell him they miss him, and would he please send them a photograph? After looking around, the only recent photo he could find was one taken at the ACT Nudist Club. So, he cut the photo in half and sent the top part home. A while later, he got a letter thanking him for the picture, noting that Grandma also missed him and wanted a photo too. He knew that Grandma was getting on in years and could hardly see, so

(Continued on page 8)

Your membership fees are due!

The Committee wishes to remind those members of the Club that have not yet renewed their membership for 2007-08. *Your fees are now due!* The membership fee for 2007-08 is \$120 per person. Dependent children are free.

Fees can be paid before the commencement of the Annual General Meeting on 1 September. You must be financial to vote at the meeting, nominate, or stand for election to a position. Ray and Leanne will be on-hand to receive your payments. No IOUs will be accepted.

Fees for annual on-site caravans are also due at this time.

Powered site fees are now \$300, and unpowered site fees are \$200.

If you prefer, you can forward your membership fees to:

P O B o x 2 4 2 ,
Woden, ACT 2606.

Please be sure to allow time for mail to be received, and cheques banked and cleared.

You may also pay your fees by direct debit into the **Club's bank account**. The account details are:

Bank: St George
BSB: 112-908
Account: 040 635 991
Name: Act Nudist Club

Please remember to include your name in the transaction description so we know who has paid!

The Committee agreed to levy a surcharge of \$5 each month for all membership fees paid after the Annual General Meeting, to recover the administrative costs of following-up late payments.

Upon receipt of your membership renewal, you will be advised of the new gate and clubhouse security combination. Please also remember to bring your ANF/INF passport to the next function you attend so that new stamps can be issued and your passport endorsed.

Finally, if you have any difficulty paying your membership fees and would like to enquire about alternative arrangements, please contact Ray.

"To recover the administrative costs of following-up late payments, a surcharge of \$5 each month is payable for all membership fees received after the Annual General Meeting"

Membership Secretary's Report

At the time of writing, the Club's membership was as follows:

Financial	102
Life members	10
Members on probation	14
Total members	126

Including members on probation, our gender ratio was 59 per cent male—to—41 per cent female. On that basis, there are vacancies for up to 4 single males before the 60:40 sex ratio works to restrict additional single male mem-

ber applicants.

Members currently on probation are:

Helen
Peter
Wendy
Dianne
Ray
Frank
Graham
Barry
Anne
Andrew
Robyn

Randall
Christopher

Members endorsed by the committee to come off probation are:

Dionne

Leanne
Membership Secretary



Confest!



Workshops are run by anyone with something to share

Confest happens twice a year: over the New Year period; and at Easter. Richard, Tracy and Huon are heading to Confest again in Easter '08— contact us if you want to come!

The Sensational Steam Tent!

This tent is simply brilliant! Located in a slight natural channel to assist drainage, it's a few temporary car ports, with the legs hacked off to make it about 7 foot tall at the middle, strapped together and covered in bubble-wrap for insulation. Inside is shade cloth for flooring, timber benches on either side, and milk crates filled with gum leaves through which steam enters, giving the natural invigorating hit of eucalyptus. The steam piped into the tent is generated by an old oil column heater, suspended over a fire through which water is gravity fed. It's that simple and it's very effective. If the fire is stoked sufficiently, the inside of the tent can become very hot.

Easter Long Weekend: In what has become an annual pilgrimage, my little family packed the car and drove to Moulamein, northwest of Deniliquin, in southern NSW. It's a long way ... there's no doubt about that, but as it had been for the previous few years, the drive was well worth it.

Confest – conference and festival joined – is a twice-annual camping event where people come together to find ways to better themselves, their communities and the world, starting from the ground up. Put simplistically, it's a hippy / alternative lifestyle gathering, attracting all sorts and all ages. Empowerment of the individual is a key theme, combined with having good earthy fun and thorough relaxation. Oh, and it's clothing optional.

We found a beautiful spot to camp, with water views over the Edward River among the tall river red gums, and above us, the brightest of stars!

So what to do on day one? After as much of a sleep-in as Huey allowed, and after unpacking the rest of the car, and then breakfast, and then lunch, the opportunity to rest and relax in the steam tent sounded hard to beat. It's a terrifically relaxing way to spend 20 minutes, participating in conversation, or singing or whatever was happening.

After a good steam, there's really a choice of three things: take a quick shower (heated, of course), take a quick dip in the – OMEGA this is solo cold – river, or slide into the slippery sensuous mud pool! Now, what kind of a choice is that?!

So into the mud we went! I know that there are people who travel at great expense to experience the buoyancy of the super salty Dead Sea, somewhere on the other side of the world. This is so much better! You could sleep in this stuff and not drown. When you lay on your back, one-third of your body still

remains above the mud, and you can scoot around effortlessly along the surface! It's so much fun, and so invigorating doing most of us just wouldn't normally do!

What do you do after being in the mud? Well, your choices are to clean yourself, allow the mud to dry on your body, or make yourself even dirtier by rolling in the sand and then allowing yourself to dry. Choices choices.

Other choices that were there to tempt us were massage (classes, or be the subject of a free massage), or participation in lots of workshops, forums and classes. These are held by anyone who is interested in holding a workshop on anything they choose. All you need to do is make sure you're prepared, and then find a vacant meeting spot, a vacant time, and advertise the workshop on the board. So the diversity of workshops reflects to a large degree the diversity of the people there.

In terms of food, there is a market place where good quality vegetarian and vegan options, but no meat, can be bought. If you bring your own food, you're welcome to cook whatever you want. Meals at the market place are affordable, although perhaps not cheap.

This year, even though we didn't make arrangements in advance to travel with or meet anyone there, we did catch up with quite a few friendly faces from previous Confests. Next Easter, we hope we can be joined also by some fellow ACTNC members – so pencil it into your diaries! Confest also happens over the New Year period, but this is both really hot, and also clashes with the annual ANF Convention, so we tend to aim to go to just the Easter event.

Richard.

Finance update

For the information of members, an Income & Expense statement for the financial year to 29 July 2007 is presented here. In this statement, you can see that membership and site fees received have been only trickling in. For the period, we've achieved a modest operating surplus.



Members' fees are the club's biggest revenue source



In 2006-07, the Club hosted some diverse and interesting functions, and gained considerable media exposure!

"A president is only as good as his committee, and I would like to thank all those who have helped me over the last two years."

Income/Expense by Category - YTD 1/07/2007 through 29/07/2007 (in Australian Dollars) (Cash Basis)

Category Description	1/07/2007-29/07/2007
INCOME	
Accommodation	
Permanent Powered Site	1,050.00
TOTAL Accommodation	1,050.00
MEMBERSHIP	
Annual Fees	1,560.00
Joining Fees	115.00
TOTAL MEMBERSHIP	1,675.00
Raffles Income	145.20
Social Functions Income	
Meals	628.20
TOTAL Social Functions Income	628.20
TOTAL INCOME	3,498.40
EXPENSES	
Advertising	90.00
ANF	
INF STAMPS	758.00
TOTAL ANF	758.00
Insurance	
Buildin Insurance	375.00
Public Liability Insurance	293.38
TOTAL Insurance	668.38
Pizza Oven Paymentts	250.00
Social Functions	
Food Costs	278.85
TOTAL Social Functions	278.85
Telephone	139.12
Utilities	
Gas & Electric	908.84
TOTAL Utilities	908.84
TOTAL EXPENSES	3,093.19
OVERALL TOTAL	405.21

President's Report

(Continued from page 1)

a club, not the least being lining the ceiling of the clubrooms. The latest function was a huge success and we really need to make sure the room is warm enough without having the place full to the rafters. We will be allocating some working bees in the future and we have several little things that need doing, not the least of which is digging out the blackberry vines down below the bore before they take over the block!

Having 42 people at the Christmas in July function confirms that we need to have good solid entertainment for the social nights and I would like to thank Jeff, Dee and their team for organising an excellent night. We also trialed the idea of separating kitchen and entertainment and it worked really well. So if you have a great idea for a function, but cant boil water without burning it, come and see us and we can take care of the kitchen for you while you entertain the masses! My thanks to Glenda, Lynne, April, Lisa and everyone who helped to tidy up afterwards, espe-

cially those who sank a few hours into making the place livable on Sunday morning!!!

So....time to bow out. Thanks to everyone for putting up with a president who was away so often, it's been fun and frustrating, but then so is life. I hope to be involved with the committee as VP for the next 12 months, so I wont have gone far.

Peter
President

Barely interesting

Nudist crossword
Solutions in the next edition

Public nudes wear thin

Town that looked other way
eyes ban

17 July 2007

BY JOHN CURRAN
ASSOCIATED PRESS

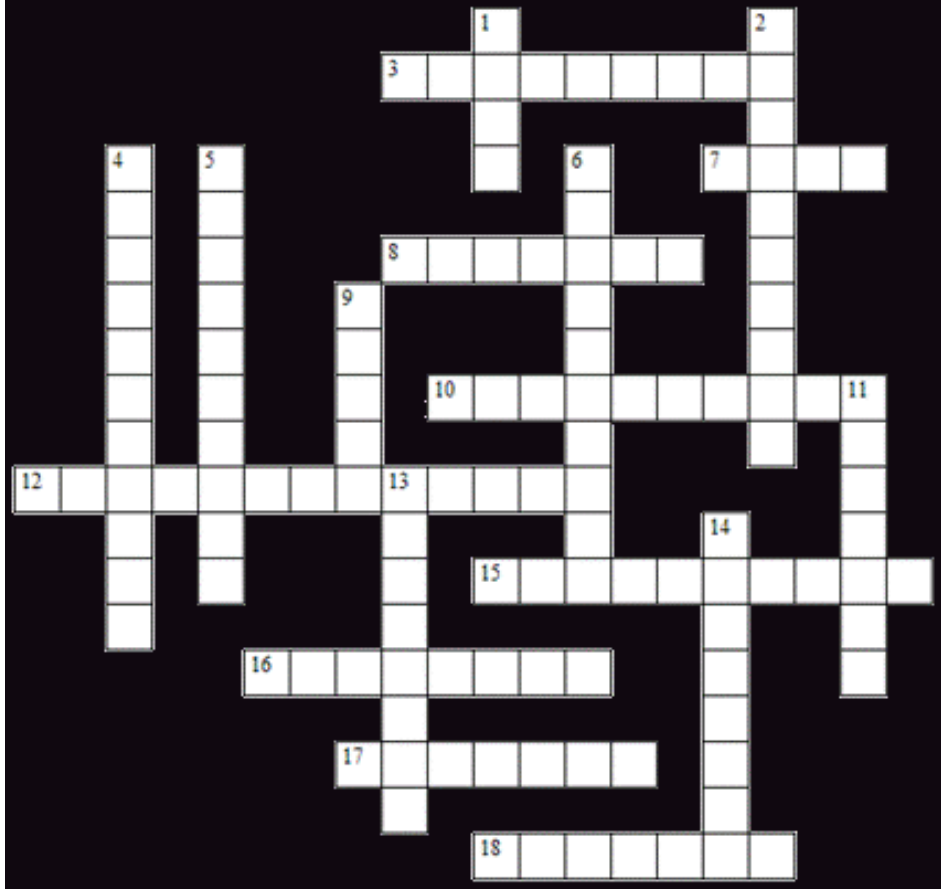
BRATTLEBORO, Vt. -- Topless women on parade, teenagers loitering in the buff in a downtown parking lot and naked sunbathers at swimming holes -- all were OK.

But then a senior citizen walked through the centre of town on a Friday night, wearing only a fanny pack.

And after years of allowing public nudity, Brattleboro is considering banning it in parts of town, saying the notoriety has begun drawing people and is offending locals. The town's Select Board plans to introduce an emergency ordinance today. "Just because you can doesn't mean you should," said board member Dick DeGray. "You can't go into a store and buy an adult magazine until you're 18, and yet you can walk down the street in Vermont and see naked people. There's something wrong with that picture."

The last straw apparently came July 6, when a 68-year-old man showed up naked during the downtown Gallery Walk, a monthly social event in which people stop in at art galleries and stores. The man said he was from Arizona and had decided to vacation in Brattleboro after reading about its public nudity freedom.

Vermont has no state laws against public nudity, though some towns have enacted anti-nudity ordinances.



ACROSS

- 3 The name of the Club's property.
- 7 Our terrific club president (shortened).
- 8 The name of our previous Membership Secretary.
- 10 The birthplace of the ACT Nudist Club.
- 12 Name of the club hosting the next Nudist Convention in Australia. (Two words)
- 15 Name of which nudist retreat near Huskisson.
- 16 The Big Merino recently moved here.
- 17 The name of which legal nude beach, near Bermagui?
- 18 Canberra's main water supply.

DOWN

- 1 Our VP's nickname.
- 2 Australian Nudist ... what?
- 4 Name of the clothing optional resort near Mittagong. (Two words)
- 5 The next town east from the Club.
- 6 The next town west from the Club.
- 9 Name of the Nudist Club near Newcastle.
- 11 The name of the President before our current President.
- 13 The name of a popular nude beach in Sydney.
- 14 Name of the caves near the clothing optional resort near Mittagong.

"It's time they did something about it," said Sherwood Smith, manager of Baskets Bookstore, which is located near the parking lot where naked teens gathered last summer. "It hurts a store like this. People who are likely to buy used books are often conservative middle-aged people, or older." Others oppose the move.

"I don't like the idea of them taking the rights to something natural away," said Rhiannon Curtis.

"I like to swim naked, and that would be affected if they do this. Vermont doesn't need to conform to the rest of society's uptight rules."

Barely interesting

Tourists fined for cycling nude in Serbian heatwave

23 Jul 2007

BELGRADE (Reuters) - Two Austrians and a German were fined for cycling naked along the banks of the River Danube in Serbia where a heatwave has sent temperatures soaring.

"Police arrived after being alerted by passers-by," said police spokesman Stevan Krstic in the northern city of Novi Sad.

Temperatures in Serbia and other parts of the Balkans have hovered stubbornly for the past week at around 40 degrees Celsius (104 Fahrenheit).

The three men were brought to a magistrate on charges of disrupting public peace and order and were fined 10,000 dinars (84 pounds) each.

Staff shy away from naked video-conferencing

Revealed: the reason video-conferencing is not taking off

17 Jul 2007

BY IAIN THOMSON
vnunet.com

Remote access technology is leading managers to a more relaxed style of working, according to new research.

A survey of 2,200 managers found that those who used smart phones were twice as likely to make calls 'while on the toilet' and twice as likely to check emails or SMS messages 'at a wedding or funeral'.

Some 51 per cent have participated in a conference call wearing only a bathrobe - or less.

"Most workers rely on communications technology during their working day, and the ability to access information remotely has an obvious appeal," said Ian

Groves, director of unified communications applications at Avaya.

"Multiple communication technologies can result in too many messages in too many places. It can be a virtual chaos.

"Our survey reveals that smart phone users, and particularly senior level employees, are taking advantage of unified communications to ensure that business opportunities aren't missed, while enjoying the benefits of flexible working."

Nearly two thirds of smart phone users use their devices during meetings to communicate, and nearly half refuse to take video-conferencing calls because they are inappropriately dressed.

Senior managers are much more relaxed about matters than their junior counterparts. Some 17 per cent of senior vice presidents will sleep during conference calls compared with five per cent of more junior staff.

Prince Von Anhalt found naked, handcuffed

LOS ANGELES - Prince Frederic von Anhalt, husband of Zsa Zsa Gabor, who made headlines earlier this year when he claimed to be the father of Anna Nicole Smith's daughter (Dannielynn Hope Marshall Birkhead), was found naked and handcuffed to the steering wheel of his 2006 Rolls Royce Thursday morning, "Access Hollywood" has learned.

According to a spokesman for the Los Angeles Police Department, the police responded to a 911 call from the prince at around 10 a.m., reporting a robbery. They arrived to find Von Anhalt in the 10600 block of Belagio Road behind the Bel-Air Country Club.

Von Anhalt claims that he was driving along, when "three white women" in a white Chrysler convertible with Florida plates pulled up next to him, told him they recognized him from TV, and asked him if he would take a photograph with them.

He pulled over and got out to take fan photos. Then one woman allegedly pulled a gun, held it to his neck and said, "Give us all your money!" They also reportedly relieved him of his jewellery, all of his clothes, and proceeded to handcuff him to the steering wheel of the car.

Other than (presumably) his dignity, Von Anhalt was not injured.

ACTNC FUNCTIONS CALENDAR 2007

Date	Activity	Organisers	Status
1 September	AGM and Beatles Night	Lynne, Glenda & Terry	Confirmed
8 September	Working Bee	Udo	Confirmed
15+16 September	Trip to Temora Aviation Museum	Terry	Proposed
22 September	Toga Party	Ian & Julie	Confirmed
13 October	Middle Eastern Night	Leanne, Brian	Confirmed
27—28 October	Whale-watching, Narooma / Bermagui	Terry, Richard	Proposed
10 November	Trivia night	Ian & Julie	Confirmed
24 November	Working bee	Vice President	Confirmed
8 December	Christmas Party	Committee	Confirmed

Accommodation and Camping Fees

	Members	ANF Affiliations	Guests
The Bunkhouse	\$20.00 per night	\$25.00 per night	\$30.00 per night
Powered Sites	\$15.00 per night	\$20.00 per night	\$25.00 per night
Unpowered Sites	\$10.00 per night	\$15.00 per night	\$20.00 per night
Day Visitors	N/A	Free	\$15.00 per day

For the evening of functions listed on the ACTNC Functions Calendar, probationary and financial members may camp free-of-charge at an unpowered site, unless notified otherwise by the Committee.

(Continued from page 2)

he decided to send the bottom half of the photo to her. After a few weeks, he got a note from Grandma – "Thank you for the picture. You seem to be in good health, but I don't approve of the way you're wearing your hair. It makes your nose look big."

And now some nude words of wisdom:

- A naked man fears no pickpocket.
- Bare butts are cool.
- A nudist never has to hold out his hand to see if it is raining.
- A flying saucer results when a nudist spills his coffee.
- A Buddhist nudist practices yoga bare.
- A harp is a nude piano.
- Nudist Resort sign: "Sorry, clothed for Winter"
- Always swim nude. Sharks hate to peel their food.
- Nudists are people who wear one-button suits.
- **Never cook bacon when you're naked.**
- Living at a nudist club takes all the fun out of Halloween
- Why is "bra" singular and "panties" plural?

If God had wanted us to run around naked, we would have been born that way!
Nudo
Vice President

PROXY

I _____ nominate _____ to be my proxy for the AGM of the ACTNC to be held on Saturday 1 September 2007 at "Thullande" and any adjourned meeting of the AGM, to vote as he/she think fit, or in accordance with my instructions as set out on the separate enclosure.

Signed _____ Date _____

Remit to: The Secretary, ACTNC PO Box 242 WODEN, ACT 2606

PROXY

I _____ nominate _____ to be my proxy for the AGM of the ACTNC to be held on Saturday 1 September 2007 at "Thullande" and any adjourned meeting of the AGM, to vote as he/she think fit, or in accordance with my instructions as set out on the separate enclosure.

Signed _____ Date _____

Remit to: The Secretary, ACTNC PO Box 242 WODEN, ACT 2606

NOMINATION FORM

I wish to nominate.....for the position
of.....

Signed (must be a financial member of the club)

Nomination accepted.....

NOMINATION FORM

I wish to nominate.....for the position
of.....

Signed (must be a financial member of the club)

Nomination accepted.....

NOMINATION FORM

I wish to nominate.....for the position
of.....

Signed (must be a financial member of the club)

Nomination accepted.....

NOMINATION FORM

I wish to nominate.....for the position
of.....

Signed (must be a financial member of the club)

Nomination accepted.....

New Years Eve

This year, to be different, Nudo and Leanne are in the process of organizing a New Years Eve function. They are able to book a band who are prepared to play nude. Depending on weather the Oasis is the place to be! Full details will be sent out shortly. *Please let Leanne know if you think you may be able to attend because we need to book the band early!*



The ACT Nudist Club is on 17 hectares of beautiful natural Australian bush land located between Bungendore and Canberra, about 30 minutes drive from the city centre. The property is designated a wildlife sanctuary and is home to a large variety of flora and fauna. If you are interested in joining,

please [email us](mailto:info@actnc.net) and we will be happy to give you any further information you require. We have a system to keep a balanced ratio of couples, single male and female members.

ACT Nudist Club inc

PO BOX WODEN 242

WODEN ACT 2606

Phone: (02) 62381512

E-mail: info@actnc.net

www.actnc.net

EXECUTIVE COMMITTEE

President	Peter	Phone: 0438 421 113
Vice President	Udo	Phone: 0412 434 031
Secretary	Terry	Phone: 0407 071 470
Treasurer	Ray	Phone: 02 6112 8630

COMMITTEE

Membership Secretary	Leanne	Phone: (02) 6238 1512
Lands Officer	Boyd	Phone: 0408 637 923
Newsletter Editor	Richard	Phone: (02) 6104 9036
Functions Coordinator	Glenda	Phone: 0407 071 471
Committee member	Peter	Phone: (02) 6299 8336